



**Neuro Linguistic  
Hypnosis**

## **Client Bill of Rights**

**Contact Information:** My name is Carrie East. I can be contacted by phone – 503-789-0655, or email – [StriveNLH@gmail.com](mailto:StriveNLH@gmail.com).

**Education and Training:** I was trained in hypnotism at the Portland School of Hypnosis. I am a Certified Member of the National Guild of Hypnotists (NGH). The National Guild of Hypnotists is the oldest and largest hypnotism organization in the world and its certification is the most widely recognized credential for the professional practice of the hypnotic arts. In addition, I hold reciprocal certification as a Professional Hypnotist with the International Certification Board of Clinical Hypnotherapy (ICBCH). I do annual continuing education to maintain my training at a high level, keep abreast of the latest research in Hypnosis and NLP, and learn new techniques to improve my service to my clients. I hold a bachelor’s degree in Social Welfare and Corrections from California State University, Sacramento and am a Master Practitioner of Neuro Linguistic Programming (NLP).

**Notice: AS THE STATE OF OREGON HAS NOT ADOPTED EDUCATIONAL AND TRAINING STANDARDS FOR THE PRACTICE OF HYPNOTISM, THIS STATEMENT OF CREDENTIALS IS FOR INFORMATIONAL PURPOSES ONLY. Hypnotism is a self-regulating profession and its practitioners are not licensed by state governments. I am not a physician nor a licensed health care provider and may not provide a medical diagnosis nor recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis or any other type of treatment from a different practitioner, the client may seek such services at any time. In the event my services are terminated by a client, the client has a right to coordinated transfer of services to another practitioner. A client has a right to refuse hypnotism services at any time. The client has a right to be free of physical, verbal or sexual abuse. A client has a right to know the expected duration of sessions and may assert any right without retaliation.**

**Redress:** I am a certified member of the National Guild of Hypnotists and practice in accordance with its Code of Ethics and Standards. If you have a complaint about my services or behavior that I cannot resolve for you personally, you may contact the National Guild of Hypnotists at P.O. Box 308, Merrimack, NH 03054-0308 or (603) 429-9438 to seek redress. Other services than my own may be available to you in the community.

**Fees:** The charge for my services are..... You will be given (xx days per Oregon) days notice of any change in fees.

**Confidentiality:** I will not release any information to anyone without a written authorization from you, except as provided for by law. You have a right to be allowed access to my written record about you.

**My approach:** I emphasize the power of language. Spoken and heard language create one’s perspective of their identity and of the world in which they live. My approach is to use both hypnosis and NLP working together. Hypnosis enables a state of deep relaxation, allowing the sub-conscious mind to be more open and accepting of suggestion. NLP creates the foundation, the building blocks, which rewires the mind and changes the self-talk, enhancing self-esteem to enable my clients to effectively navigate their challenges and make positive change.

**Client Signature:** I have received, read, and understand this Client Bill of Rights.

Printed Client Name: \_\_\_\_\_

Client Signature: \_\_\_\_\_

Date: \_\_\_\_\_